

## Frequently Asked Questions

### ***How do I participate in the MESH Program?***

Complete the enrollment form to indicate your interest in pursuing your MESH Certificate. Our MESH coordinator will be happy to help you determine the appropriate MESH program that best fits your needs.

### ***What courses apply to the MESH Certificate Program?***

All continuing education, non-curriculum safety, health, and environmental courses offered by the Arizona Chapter National Safety Council, the Arizona Department of Safety and Health, and/or Arizona State University OSHA Education Center.

### ***How many credit hours are needed to earn a MESH Certificate?***

100 total credit hours with a minimum of 6 hours from each of the MESH sponsors is required. See the course list for how many credit hours are earned for each training subject.

### ***Are credit hours awarded for training completed with providers other than the three MESH Sponsoring Agencies?***

Yes, with proper documentation, up to 25 continuing education hours may be accepted from other approved providers. *Submissions will be evaluated on a case-by-case basis.*

### ***Are there opportunities to earn MESH credit hours for safety, health, or environmental events that are not classes?***

The MESH Sponsors recognize the value of related conferences and allow up to 7 credit hours for attendance. Examples include the ACNSC Southwest Safety Conference, NSC Safety Congress, and other ASU/OSHA or ADOSH Sponsored events in Arizona.

### ***Is the MESH Program restricted to Arizona residents?***

No. MESH Certificates can be earned regardless of residency provided a minimum of 75 training hours are from the Arizona Chapter National Safety Council, ASU OSHA Education Center, or Arizona Department of Occupational Safety & Health.

### ***Is there a time limit for training to still count?***

Only documented training completed after August 1, 2018 can be applied. Training must be current and have been completed within a five-year period to qualify. If a training certification expires prior to the completion of the MESH Program, that course(s) must be completed again before being applied towards a MESH Certificate.

### ***What is the cost and how do I get my MESH Certificate?***

In addition to course tuition, an administrative fee of \$99 is required to receive the MESH Certificate. This fee is submitted upon completion of the 100 required credit hours. Contact your MESH Coordinator to verify completion of the requirements. You will receive the MESH Program Plaque and Challenge Coin in front of your peers at a designated ceremony after the last required class for the certificate is completed.

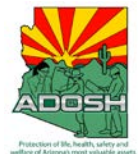
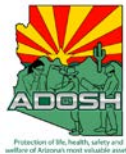


Manager of Environmental  
Safety and Health Programs

# General Industry



Earn the MESH Certificate when you complete 100 hours of continuing education through the Arizona Chapter National Safety Council, Arizona State University OSHA Education Center, and/or Arizona Division of Occupational Safety and Health.



## ***Complete 100 Hours of Training to Earn Your General Industry MESH Certificate***

### **26-32 Hour Core Courses (Must complete at least one)**

NSC Principles of Occupational Safety and Health  
OSHA 30 Hour General Industry  
OSHA 501 Trainer for General Industry  
OSHA 511 Standards for General Industry

### **26-32 Credit Hours**

NSC Safety Management Techniques    NSC Safety Training Methods  
OSHA 3095 Electrical Standards

### **18-21 Credit Hours**

NSC First Aid/CPR/AED Instructor Development Course  
OSHA 3115 Fall Protection    OSHA 2255 Ergonomics

### **10-12 Credit Hours**

NSC Work Zone Flagger Instructor Development Course  
OSHA 10 Hour for General Industry

### **8 Credit Hours**

NSC Lift Truck Operator Instructor Development Course  
OSHA 7200 Bloodborne Pathogens    NSC Team Safety  
NSC Job Safety Analysis    NSC Safety Inspections  
NSC Ergonomics

### **7 Credit Hours**

OSHA 7505 Incident Investigation  
NSC Southwest Safety Conference

### **4-6 Credit Hours**

NSC DDC-4    NSC Lift Truck Operator  
OSHA 7845 Recordkeeping    NSC Work Zone Flagger  
OSHA 7205 Health Hazard Awareness

### **3 Credit Hours**

ADOSH 3-hour, in-person training classes



***Workplace safety, health, and  
environmental management issues are a  
tremendous responsibility.***

Many managers and supervisors are not fully aware of, nor prepared to meet daily safety and environmental responsibilities, yet every business and industry must comply with the multitude of government regulations, or face expensive fines and litigation. The Manager of Environmental Safety and Health (MESH) Certificate Program is designed to recognize individuals who improve their practical knowledge while earning a valuable credential.



### **MESH Coordinator**

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***The MESH Certificate is designed for working professionals and requires no prior experience or degree. Students gain valuable knowledge from experts in environmental, safety, and health fields from each of the three sponsors. Coursework is chosen by the students to best suit their individual needs.***